



Vancouver Pacific Swim Club

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PROVINCIAL CHAMPIONSHIPS- 10-UNDER

Date: March 6 & 7th,2010

Location: Saanich Commonwealth Place
4636 Elk Lake Drive
Victoria, BC

Hotel: Since the swimmers are 10-under they must travel and stay with a parent. The team is staying at the Howard Johnson, you can certainly book there or at a hotel of your choice.

Start Times:

Saturday Session- Heats Warm Up- 7:15am
Finals Warm Up- 4:15pm
Events- 100 Free, 50 Fly, 50 Breastroke, 100 Back

Sunday Session- Heats- 7:15am.
Events- 200 IM ,400 Free (timed final)

Awards presentation will take place shortly after the 400 free.

Providing boys and girls the best opportunity to pursue excellence in the sport of competitive swimming.